



Avocado Aioli

Ingredients:

½ cup Greek yogurt
1 large ripe avocado, peeled & pitted
1 tbs fresh lime juice
1 clove garlic, quartered
¼ tsp salt
1/8 tsp pepper

Instructions:

Add ingredients to blender jar in order listed and secure lid. Select "sauces" function.

Nutritional Information:

- Servings: 8
- Servings size: 2 tbsp
- Calories: 40 kcal
- Carbohydrates: 2 g
- Sugar: 0 g
- Total Fat: 3 g
- Saturated fat: 0 g
- Protein: 1 g
- Fiber: 1 g
- Sodium: 55 mg
- Cholesterol: 0 g